

Assets may not be readily converted into cash.

## Life Checkup

## RETIREMENT WORKSHEET

Cton 1. IDENTIFYING DDIOR	ITIEC			
Step 1: IDENTIFYING PRIOR Rank your top three goals and concern				
Goals	Concerns			
<ul> <li>Retire early</li> <li>Create a steady stream of income</li> <li>Volunteer</li> <li>Leave a legacy</li> <li>Travel/hobbies</li> <li>Go to school</li> <li>Other</li> </ul>	Taxes Inflation Market declines Lack of guaranteed income Longevity Increasing medical costs Outliving savings	Uncertain inter Risk tolerance Care giving Other	rest rates	
Ston 2: DETERMINING DEAL	DINIECC			
Step 2: DETERMINING REAL Determine your retirement readiness by	<b>DINESS</b> By completing the following series of que	estions.		
	y completing the following series of que	estions.	Yes	No
A. Are you contributing to your retiren	y completing the following series of que		Yes Yes	No No
A. Are you contributing to your retiren	oy completing the following series of que			
A. Are you contributing to your retirem  B. If you are over age 50, have you tak  C. How much income will you need to	oy completing the following series of que	on?	Yes	
A. Are you contributing to your retirem  B. If you are over age 50, have you tak  C. How much income will you need to	oy completing the following series of quent plan?  en advantage of the catch-up contribution  retire?  replace 80-90% of your annual pre-retire	on?	Yes	
A. Are you contributing to your retirem  B. If you are over age 50, have you tak  C. How much income will you need to	oy completing the following series of quent plan?  en advantage of the catch-up contribution  retire?  replace 80-90% of your annual pre-retire	on? ement income in retire	Yes	

National Life Group® is a trade name of National Life Insurance Company (NLIC), Montpelier, VT, Life Insurance Company of the Southwest (LSW), Addison, TX and their affiliates. Each company of National Life Group is solely responsible for its own financial condition and contractual obligations.

Life Insurance Company of the Southwest is not an authorized insurer in New York and does not conduct insurance business in New York.

No bank or credit union guarantee | Not a deposit | Not FDIC/NCUA insured | May lose value | Not insured by any federal or state government agency

Guarantees are dependent upon the claims-paying ability of the issuing company.

TC6996603 (0924)3 Cat No 102232 (0924)

D. What are your streams of income?	Your current annual salary:	\$	
Estimate Your Income From Social Security. The amount you we receive from social security is unknown, however you may want to use 40% of your pre-retirement salary as an estimate of your benefit. Your benefits from social security may be significantly reduced if participating in a state pension plan. Check with you employer. For social security benefit figures, refer to Replacement Rates at www.NASI.org.	t Approx Social Security Benefit:	x 0.40	
Estimated Income from a Pension Plan. The amount you	Your current annual salary	\$	
can anticipate to receive from a pension plan can vary.		or x 0.20 (with SS)	
Consider using a 40% replacement if you do not contribute to social security, or a 20% replacement if you do contribute to social security.	Approx. Pension Benefit: \$	,	
Other Retirement Income (part time job, rental property)	Other Income:	\$	
	Total streams of income: \$	(D)	
E. What are my current retirement savings?	Туре	Account Value	
	403(b)/457(b)/401(k) plan	\$	
	IRA	\$	
	other	\$	
Future lump sum deposits expected (e.g., inheritance):		\$	
Tota	al current retirement savings \$	(E)	
F. Years in retirement( F )			
G. Income from Current Retirement Savings	\$	/ year ( G )	
	(	E ) divided by ( F )	
H. How much more income is needed to address your expec This is your retirement income gap, or annual income shortfa		\$	
	(C) minus	s (D) minus (G)	
Step 3: SELECTING SOLUTIONS			
Take your next step. Consider these solutions to help achieve	your retirement goals.		
Increase contributions annually	Put any salary increases or bonuses into savings		
Retire at a later date	When over age 50, take advantage of additional		
Save in an annuity that provides steady stream of income for life catch-up provision  Deposit any tax refunds into an IRA		A	

Take advantage of additional savings with an IRA

Reduce anticipated retirement expenses